

Paperfest Speed Lacrosse Rules for Thursday, July 16, 2026

- It is call your own fouls! Be cool.
- 4 players versus 4 players.
- Maximum rosters are 6 with substitutions on the fly.
- No body checking or slashing.
- Legal holds/pushes are allowed.
- No faceoffs after goals.
- (2) 10-minute runtime periods.
- 2-minute half-time.
- Soft/sponge balls are used.
- No crank shots.
- Cannot shoot until ball is possessed in offensive half of the field.
- Gloves and helmet/girls' eyewear are recommended.
- Boys or girls sticks are legal. No poles.
- Field is 40 yards by 25 yards with Box goals on the end lines.
- Missed shots that go below goal line extended (GLE) are awarded to the defense.
- GLE is the end line (no play behind the goal).

See YouTube video for more information:

<https://www.youtube.com/watch?v=vZ5DCreZTMw&authuser=0>

Three brackets of competition*:

1. Adult bracket are players out of high school and are no longer WIAA eligible.
2. High School bracket players are rising freshmen (entering HS in fall 2026) through rising seniors (2026 graduates).
3. Youth bracket players are U-10, U-12 or U-14 eligible according to USA lacrosse rules.

***NOTE:** Competition brackets are dependent upon how many teams sign up in each category.

Organizers will contact each team captain the night before the tournament for start times and bracket information.

If you have further questions, feel free to contact either Roger Hornberger at roghornberger@gmail.com or Gayle Lindenberg at ghclindenberg@gmail.com