

Paperfest Speed Lacrosse Rules for Thursday, July 17th

4:00 p.m. start time

4 players vs 4 players.

Maximum rosters are 6 with substitutions on the fly.

No body checking or slashing.

Legal Holds/Pushes are allowed.

No faceoffs after goals.

(2) 10-minute runtime periods.

2-minute halftime.

Soft/sponge balls are used.

Cannot shoot until ball is possessed in offensive half of the field.

Gloves and helmets/girls' eyewear are recommended.

Boys or Girls sticks are legal. No poles.

Field is 40 yards by 25 yards with Box goals on the end lines.

Missed shots that go below goal line extended (GLE) are awarded to the defense.

GLE is the end line (no play behind the goal).

Three Brackets of competition:

1. Adult Bracket are players out of High School and are no longer WIAA eligible.
2. HS Bracket players are rising freshmen (entering HS in fall 2025) through rising seniors (2026 graduates).
3. Youth Bracket players are U-12 or U-14 eligible according to USA lacrosse rules.